MANAGING THE HAZARDS IN A FOOD OPERATION TO CONTROL THE RISKS THAT COULD CAUSE A CUSTOMER FOODBORNE OUTBREAK

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THE RAW FOOD CONTAMINATION PROBLEM



1370

FOOD PREPARERS DO RISK MANAGEMENT AND REDUCE THE HAZARD

TO AN APPROPRIATE LEVEL OF PROTECTION (ALOP)

• Food preparers know the expected hazards in their kitchens; the amount / size and tolerable limits and decide if control is necessary.

• Food preparers know how to validate processes and prove that the controls prevent, eliminate, or reduce the hazards to a tolerable level.

Hazard Analysis	Risk Analysis	Control Analysis	Risk Management
What is the	Assuming no	What it will cost	Decide if control is
probability of	control – the cost	to control the risk.	necessary for an
illness?	per year.		ALOP.

Food preparers make the food safe through control of the processes, monitoring, and corrective action.

- Purchasing
- Prevention of cross-contamination
- Fingertip washing
- Fruit and vegetable washing

- Pasteurizing food
- Hot holding
- Fermentation, acid, aw, Rh, Eh
- Cooling, cold holding

STAGES OF FOOD OPERATION SELF-CONTROL

COOK PREPARING FOOD AT HOME (about 40% of outbreaks)

No government inspection. Control is by luck and experience.

- Will never take a class to learn control of the hazards.
- Will use controls taught by parents and what they believe from their experiences to be safe.
- Government outreach education will be general.

LICENSED KITCHEN (one to two inspections a year)

- Government code / rules are mostly cleanliness and construction of the facility. Controls are based on regulatory judgment, not scientifically correct validation studies. Inspector is not required to check processes or adequacy of control of processes by employees. Manager does not know the code.
- Manager has no training in food process hazard identification and control.
- Manager keeps no records such as food time and temperature; does no training.

ACTIVE MANAGER CONTROL

- Food code the same as for the licensed kitchen; not based on science.
- Manager is trained to know the code and cleanliness standards and food critical limits. Manager trains employees. Manager inspects.
- Manager keeps records if CCP such as number of ill employees and food storage temperatures. Inspector checks records and employee capability.

STAGES OF FOOD OPERATION SELF-CONTROL (cont'd)

HACCP PROCESS CONTROL AND INNOVATION

Not based on regulatory controls. Managers determine hazards and risks, and set controls and critical limits (CL) based on science. Managers / cooks can innovate any process that they can validate as meeting a Food Safety Objective (FSO) / Appropriate Level Of Protection (ALOP). Government approves the Food Safety Management Plan and food HACCP plans.

- Cooks learn the hazards and how to test / monitor to validate that their Critical Control Point (CCP) procedure is capable of adequate control.
- They write the food safety management plans to control the significant hazards that could be in the food served to customers.
- They write controls for all prerequisite processes and all food HACCP processes.
- The cook looks at each meal as it leaves the kitchen and checks that all hazards were controlled.

HAZARDS IN THE FOOD SYSTEM

In terms of HACCP, for each hazard, you must know the risk, severity x frequency.

- 1. Proof that it is a hazard (ill people).
- Level at which normally healthy people get ill. (Sensitive people need to tell the server for added control.)
- 3. Likelihood of a given level / size.
- 4. Likelihood that a person will become severely ill.

MICROBIOLOGICAL

Food pathogens

Bacteria (vegetative cells)

Spores (survive cooking)

Viruses

Parasites

Mold, fish, and shellfish toxins

PHYSICAL

Hard foreign objects Functional hazards

CHEMICAL

Poisonous substances Adverse food reactions (food sensitivity)

FOOD HAZARDS (H₀) AND FOOD SAFETY OBJECTIVES (FSO)

Hazards	Raw Product Contamination (H₀)	Process Performance Criteria (ΣR)	Food Safety Objective (FSO)
MICROBIOLOGICAL		_	
INFECTIVE			
Vegetative pathogens - infection		-	
Salmonella spp.	10 ³ cfu/g	10 ⁻⁵ cfu/g - reduce	10 ⁻² cfu/g or 1cfu per 100 g
Shigella spp.	10 ³ cfu/g	10 ⁻⁵ cfu/g - reduce	10 ⁻² cfu/g or 1cfu per 100 g
Escherichia coli O157:H7	10 ³ cfu/g	10 ⁻⁵ cfu/g - reduce	10 ⁻² cfu/g or 1cfu per 100 g
Parasites			
Cryptosporidium parvum	1 cyst	prevent / reduce	undetectable
Toxoplasma gondii	1 cyst	prevent / reduce	undetectable
Trichinella spiralis	1-500 larvae	prevent / reduce	undetectable
Viruses	.72/VE804 - 34 - 10		
Hepatitis A	>10 virus / g	prevent / reduce	undetectable
Norovirus	>100 virus / g	prevent / reduce	undetectable
TOXIN PRODUCING Staphylococcus aureus (exotoxin) Clostridium botulinum (exotoxin) Bacillus cereus (exotoxin, enterotoxin) Clostridium perfringens (enterotoxin)	10 ³ cfu/g 10 ⁰ spores / g 10 ² spores / g 10 ² spores / g	<10 ³ cfu/g increase <10 ³ cfu/g increase <10 ³ cfu/g increase <10 ³ cfu/g increase	<10 ⁶ cfu/g (toxin dose: <1 microgram) <10 ³ cfu/g (toxin dose: ≤2 nanograms) <10 ⁵ cfu/g (toxin dose: unknown) <10 ⁵ cfu/g (toxin dose: unknown)
CHEMICAL			
Sulfites	Unk	none added	<10 ppm
Nitrates	Unk	<500 ppm added	<500 ppm
Nitrites	Unk	<200 ppm added	<200 ppm
Monosodium glutamate	Unk	≤0.5 g / serving	<3.0 g / meal
Aflatoxins (from mold)	<20 ppb	no increase	<20 ppb
Histamine (from fish, cheese)	<20 ppm	no increase	<20 ppm
PHYSICAL Hard foreign objects (broken tooth) Choking	>1/16 inch diameter >1/4 inch diameter	prevent / remove prevent / remove	undetectable undetectable

* cfu = colony forming units

00lh2&lh80: fd-haz-saf-obj (from Dennys jan05mtg;p47) rev 12/28/06 print 12/29/06

FDA CONTROL VS. HACCP PERFORMANCE CRITERIA

Process Step	FDA Control Measure	HACCP Performance Objective
Receiving, storage, pre-preparation	41ºF.	Not a CCP. Receive at any temperature. 5D cooking reduces vegetative pathogens on meat, poultry, and fish to a tolerable level. Growth of pathogens on raw vegetables not an identified significant hazards. If food is to be served without washing or pasteurization, the supplier assures safety.
Preparation		
Fruit and vegetable washing	Wash.	2D wash E. coli reduction; 5D surface blanch E. coli reduction.
Pasteurization		
Beef	130ºF, 112 min.	5D Salmonella (E. coli) reduction.
Eggs	135ºF, 27 min.	
Meat, fish, fruits, vegetables, bakery	140ºF, 9 min.; 145ºF, 3 min.; 150ºF, 1 min.; 155ºF, 15 sec.	
Poultry	165ºF, 15 sec.	7D Salmonella reduction
Hot hold, transport, serve, package	130°F beef; 135°F everything else.	<1-log increase <i>Clostridium perfringens</i> , which begins to multiply ~125°F, and at 105°F, multiply every 15 min.
Cool	135 to 70ºF, 2 hr.; 70 to 41ºF, 4 hr.	<1-log increase of <i>C. perfringens</i> (USDA), 120 to 55°F, 6 hr. and continue to 40°F (14.2 hr.).
Packaging ready- to-eat food	None.	No detectable <i>Listeria monocytogenes</i> (<1 / 25 g) in ~3 samples every 3 months.
Cold hold	41ºF, 7 days.	No time limit. Until spoiled <50°F Clostridium botulinum and C. perfringens control, <40°F Bacillus cereus control.
Shelf stable processed food		
Vegetative cells	<4.6 pH C. botulinum, <0.86 a _w Staphylococcus aureus.	4.2 pH Salmonella, <0.86 a _w Staphylococcus aureus.
Spores		<4.6 pH C. botulinum, <4.2 pH B. cereus, <0.92 a _w B. cereus.
Reheat	41 to 165°F, 15 sec., 2 hr.	None. Reheating not used for control.
Consumer abuse	None.	<3-log increase B. cereus or C. perfringens.

pics:FDA-vs-HACCP

TIME-TEMPERATURE CONTROL FOR SAFETY Growth of Bacteria in Food

BASED ON FDA FOOD CODE HOLDING / STORAGE RECOMMENDATIONS



1382

DESTRUCTION OF SALMONELLA IN FOOD

D value: time at a temperature for 1 log (10 to 1) reduction



DESTRUCTION OF SALMONELLA SPP. IN FOOD

Temp. °F (°C)	5D Ground meat, fish (100,000:1)	6.5D Roast beef (3,160,000:1)
130 (54.4)		112 min.
135 (57.2)		35 min.
140 (60.0)		11.2 min.
145 (62.8)	3 min.	3.5 min.
150 (65.6)	1 min.	67.sec.
155 (68.3)	15 sec.	21 sec.
158 (70.0)	Instant	Instant

VEGETATIVE BACTERIAL PATHOGENS (5D / 7D Pasteurization or 2D Wash)

Bacteria	Source	Min. temp. (°F)	Max. temp. (°F)	Min. pH	Max. pH	Min a _w	Time 1D reduction at 140°F (minutes)	Toxin Destruction
Aeromonas hydrophila	Feces / food	29.3	111	4.0	7.2	-	0.02 m.	n/a
Listeria monocytogenes	Feces / food	29.3	113	4.4	9.4	.92	3.8 m.	n/a
Yersinia enterocolitica	Feces / food	29.3	111	4.2	10	.945	1.6 m.	n/a
Salmonella spp.	Feces / food	41.4	115.2	<mark>4.2</mark>	8.0	.94	<mark>1.7 m.</mark>	n/a
Shigella spp.	Feces / food / water	43	116.8	4.8	9.3	.96	1.7 m.	n/a
Escherichia coli O157:H7	Feces / food / water	44.6	114	4.0	9.0	.95	1.7 m.	n/a
Vibrio cholerae	Feces / food / water	50	109.4	5.0	10	.97	D120 =8.15 m.	n/a
Vibrio parahaemolyticus	Seafood / water	41	111	4.8	11	.94	D120 =0.82 m.	n/a
Vibrio vulnificus	Seafood / water	46.4	109.4	5.0	10	.96	D122 =0.66 m.	n/a
Campylobacter jejuni	Feces / food	86	113	4.9	9.3	.987	0.25 m.	n/a
Staphylococcus aureus growth	Nasal cavity, skin, infected cuts,	44.6	122	4.0	10	.83	3 m.	68.6 minutes at
toxin production	boils, wounds	50.0	118	4.5	9.8	.86		210°F

presentations: veg&spore-paths

SPORE-FORMING BACTERIAL PATHOGENS Prevent outgrowth to the vegetative state

Bacteria	Source	Min. temp. (°F)	Max. temp. (°F)	Min. pH	Max. pH	Min a _w	Time for veg. cell destruction at 140°F (minutes)	D-value (°F) Spores	Toxin Destruction
Clostridium perfringens	Soil, feces, sewage, water, dust	50	<mark>125</mark>	5.5	9.0	.93	3.5 m.	D210°F = 31.4 min. Beef Gravy (varies with type)	n/a
Bacillus cereus	Soil, dust, grains, cereals	39.2	122	<mark>4.3</mark>	9.3	.92	1 m.	D212°F = 3.1 min. Skim milk D212°F = 22 to 36 min. in rice	D132.8°F = 5 min for diarrheal illness D250°F = 90 min for emetic illness
Clostridium botulinum, type A, and proteolytic B and F	Soil	50	118.4	4.6	9.0	.935	Not available	D250°F = 0.23 to 0.3 min.	D174°F = 20 min. D185°F = 5 min.
Clostridium botulinum, type E, and non- proteolytic B and F	Water, sludge near bodies of water	37.9	113	5.0	9.0	.97	Not available	D180°F = 0.8 to 6.6 min. (depending on type of food)	(same as above)

presentations: veg&spore-paths

HACCP ALLOWS OPERATORS TO DO ANY PROCESS THAT CAN PRODUCE SAFE FOOD

- Vacuum packaging / sous vide / chilled food: 90-day shelf life at 40°F.
- Chilled and frozen take-out entrees and meals: CO₂ and MAP to extend shelf life.
- Pasteurized: sous vide and chilled food; 5-to-60 day / 38°F shelf life (just like milk).
- Sterilized: soups and sauces in jars; canning.
- Acidified: sauces, dressings; use of acids and additives in glazes.
- Produce low-water-activity food such as jams, jellies, jerky.
- Produce all kinds of packaged pastries and cookies.
- Fermented foods: sausage, cheese, yogurt, sauerkraut, kimchee, beer / wine / vinegar.
- Thawing on the counter.

HACCP helps the operator.

- Hot food will be precooled at room temperature.
- Slow cook at 130°F, 90% Rh.
- Food can be held at any temperature from 30 to 130°F, for up to 10 multiplications of microorganisms.
 41°F at 7 days=50°F at 4 days=70°F at 17 hours=110°F at 4 hours, etc.
- Hot holding at 130°F.
- Displaying and selling food at room temperature (sushi); meat fondue.
- Produce food for home meal replacement; delivered in town or anywhere in the U.S. by UPS, FEDEX, etc.
- Pumping food with flavored water to increase yield and improve safety
- Kitchen energy requirement will be cut to 1/3 of present use.
- Suppliers will have HACCP programs and tell the cook the level of pathogens in the food that the cook must control.
- Retail food operators can do any process that food manufacturers do.
- New equipment technology and processes can be used.

THE UNIT AS A FOOD PROCESS SYSTEM



HAZARDS: Microorganisms [bacteria (vegetative cells and spores), viruses, parasites]; chemicals; hard foreign objects.

CONTROLS: Management involvement; hazard analysis and control; written procedures; employee training and empowerment; process measurement, control, and improvement; discipline and consequences.

FOOD GROUPS HACCP PROCESS ANALYSIS

	HACCP Process Groups (USDA HACCP, 9 CFR 417) Prerequisite / GMPs working	Control	Shelf life
	Not heat treated, not shelf stable (raw). Not PHF / no RPG: sprouts; raw meat, fish; sushi, sashimi; poultry; eggs, raw fruits and vegetables	Grown safe, with H ₀ that meets FSO. May require Temperature Control for Quality.	<14 days (bact. spoilage)
II	Not heat treated, with inhibitors to make shelf stable. <u>Water activity</u> : flour, corn meal, nuts, salt, sugar, sugar icing, honey, spices and herbs, oil, lard; salted, dried fish, fresh pasta <u>Fermentation</u> : pepperoni, salami; olives; dairy (cheese, yogurt, sour cream / milk / crème fraîche); bread; sauerkraut; kimchee; beer, wine <u>Acidified</u> : salad dressing; cole slaw; salsa; condiments	Grown safe, made safe by supplier, with H_0 that, with $+\Sigma I$ - ΣR (5-log <i>Salmonella</i>), meets FSO. Does not require TCS because of product aw, pH, or additives.	>2 years, 70ºF (chem. spoilage)
III	Fully cooked, not shelf stable. hot or cooled, refrigerated ready-to-eat food; meat, fish, poultry; fruits, vegetables, dairy, pastry filling, pudding	Pasteurized (5-log to 7-log Salmonella) so that $+\Sigma I-\Sigma R$ meets FSO. Requires TCS.	41 to 135ºF, ≤4 hours or Cold 41ºF, 14-90 days
IV	Fully cooked, with inhibitors to make shelf stable. marinara sauce; fruit pie fillings; cake icing, bread and pastry, dry cereals, dry pasta, smoked fish; packaged, low-pH fruits and vegetables	Pasteurized (5-log to 7-log Salmonella) so that $+\Sigma I-\Sigma R$ meets FSO. Does not require TCS because of product a _w , pH, or additives.	>5 years
V	Commercially sterile, shelf stable. "packaged" meat, fish, poultry, fruits, vegetables, dairy / UHT milk	Sterilized, <i>Clostridium botulinum</i> spores reduced 9 log to 12 log. Does not require TCS.	>5 years

MENU ITEM PROCESS HACCP (FARM TO FORK)



- **FSO** Food Safety Objective Safe level of hazard
- ALOP Appropriate Level Of Protection Acceptable ill / 100,000
- PO Performance Objective Level of a hazard at end of step
- CM Control measure Any action taken to reduce / control hazard
- PS Performance Standard hazard reduction in a step

pics:menu-item:proc-haccp

MENU INGREDIENT HAZARD INVENTORY

	Supplier Makes Safe		Cook Makes Safe
Mozzarella Cheese Sticks Potatoes, parfried French Fries Skillet Hashed Browns Mashed Onion Rings, parfried Onion Tanglers, parfried Corn Beef Hash Sausage Links, precooked Ham, fully cooked Boca Burger, fully cooked Boca Burger, fully cooked Cheese Pizza, fully cooked Turkey Breast, fully cooked Smoked Sausage Sausage Crumbles Nacho Meat Roast Beef Eggs, liquid pasteurized Kraft Macaroni and Cheese French Toast Batter (pasteurized ingred.) Pancakes (pasteurized ingred.) Gravies (pasteurized ingred.) Soups Marinara Sauce Wing Sauce Stuffing	Grits Oatmeal Vegetables, frozen Coleslaw Mix Canned Fruits (e.g., Cranberry and Apple Sauce) Pico de Gallo Applesauce Swimmers Taco Chips Salsa Cheeses (e.g., American, Swiss, Cheddar, Parmesan, Cream Cheese, Cottage Cheese) Pickles BBQ Sauce Cocktail Sauce Butter Margarine Spreads (Garlic, Sweet Hickory) Honey Salad Dressings (e.g., coleslaw dressing, mayonnaise, tartar sauce, ranch dressing, etc.) Condiments (e.g., ketchup, mustard) Creamers Coffees	Cocoa Teas Fruit Juices (e.g., orange, apple, tomato, lemonade) Soft Drinks (dispenser) Milk (Whole, 2%, skim, chocolate) Cream Assorted Bread Products Bagels Biscuits Apple Crisp Frozen Pies (Unbaked and prepared) Frozen Cakes and Brownies Oreo Cookie Crumbles Ice Cream Jams and Jellies Syrups (pancake) Syrups (for malts, sundaes etc.) Caramel Sauce Vinegar, Sugar (brown, powdered) Crackers and Croutons Apple Topping	Baked Potato Chicken parts and strips Charleston Chicken Nuggets Chicken Breast Chicken Fried Steak Cod, battered Shrimp, breaded Bacon Hamburger, Junior and Regular Eggs (in-the-shell), over-easy, up, hard-boiled, poached Steak T-bone Sirloin Country Fried Steak Fresh Vegetables (e.g., Celery, Cilantro, Cucumbers, Onions, Peppers, Lettuce, Romaine, Mushrooms, Tomatoes, Parsley) Fresh Fruits (e.g., Lemons, Limes, Grapes, Raw Fruit Mix)

SUPPLIER CONTROLS TO MAKE FOOD SAFE

		CONTROL						
Safe ingredient	BCP hazards H₀ Frequency	Grown safe	Sort, Remove	Wash	Pasteurize	Sterilize	A _w	Acid / Ferment
Cooked potatoes	B veg & spores C solanine P rocks	х	Х		X		Х	
Beef hash	B veg & spores C not sig. P bones		х		X			
Eggs liquid pasteurized	B veg & spores C not sig. P none				X			
Soup, canned	B veg & spores C not sig. P not sig.					Х		
Bread	B veg & spores C not sig. P metal	Aflatoxins X	Х		X		Х	
Cheese	B veg & spores C not sig. P not sig.				X		Х	Х

THE SEVEN COOK-THEN-PACKAGE / SERVE RECIPE PROCESSES

Design for control of infective microorganisms and toxin-producing microorganisms



1284

MENU ITEMS GROUPED BY HAZARD AND CONTROL CATEGORIES (Assumes that prerequisite programs are effective.)

Thick Food >2"	Thin Food <2"	Sauces, Soups	Fruits, Vegs., Starches	Hot Combo	Cold Combo	Breads, Pastries, Desserts	Miscellaneous
<u>Served hot</u> Prime rib Roast	<u>Center</u> pasteurize Hamburger	Hot	Cooked Products	Cooked Products	Cold Products		Dairy Products
chicken Baked ham	Meatballs Sausage <u>Surface</u> <u>pasteurize</u>	<i>pH</i> >4.6 Gravy White sauce Chicken soup	<i>pH >4.6</i> Potatoes Pasta Rice	<i>pH >4.6</i> Beef stew Fettucini Alfredo	<i>pH >4.6</i> Chicken sandwich Chicken salad	<i>pH >4.6</i> Eclairs Pumpkin pie Meat pies	<i>pH >4.6</i> Milk Cream Most cheese
	Steaks Chops Fillets	<i>pH</i> <4.6/4.2 Hollandaise sauce Bearnaise sauce	<i>pH</i> <4.6/4.2 Applesauce Sweet and sour red cabbage	<i>pH <4.6/4.2</i> Chili con carne BBQ beef	pH <4.6/4.2 Cole slaw Salsa Deviled eggs	<i>pH <4.6/4.2</i> Cherry pie Apple pie Rhubarb crisp	<i>pH <4.6/4.2</i> Yogurt Cheddar cheese
Served cold Sliced ham	<u>Eaten raw</u> Fish	Cold	<u>Washed, not</u> <u>cooked</u>				<u>Beverages</u>
Sliced beef Sliced turkey	Eggs Steak Tartar (beef)	pH >4.6 Vichyssoise Custards	<i>pH >4.6</i> Lettuce Cauliflower				pH >4.6 Coffee Tea
		pH <4.6/4.2 Mayonnaise Gazpacho	<i>pH <4.6/4.2</i> Apples Tomatoes Strawberries				pH <4.6/4.2 Lemonade Cola Beer
	a_w<0.92 Salted fish	a_w<0.92 Honey Jam, jelly Maple syrup				a_w<0.92 Breads Muffins Pancakes	Wine

00lh2&lh80: menu-items-7categ-table

THE RECIPE AS THE BASIC CONTROL

Flow Chart

Recipe



THE HACCP PLAN

HACCP Plan

51121					
CCP Step Description	B,C,P Hazard Analysis / Risk	Hazard Control	Monitoring / Self-Check	Corrective Action (by	Verification and Improvement
-	Assessment	Validation		HACCP team)	-
STEP	$\leftarrow \text{Not sig } \text{sig} \rightarrow$				

STFP

QUALITY-ASSURED HACCP RECIPE PROCEDURES HERBED WILD RICE

Gp. #	Ingred		Ingre	dient	Cooked	Nut.
Ĵ.	.#	Ingredients and Specifications	Vol.	Wt.	Vol.	#
1	1	Butter, salted		2 lb.		
	2	Green peppers, ½" dice	2 qt.	2 lb.		
	3	Onions, ½" dice	2 qt.	2 lb.		
	4	Mushroom, stems & pieces, #3 can		3 lb. 4 oz.		
	5	Chicken base	½ cup	4 oz.		
2	1	Wild rice		5 lb.		
	2	Water	5 qt.	10 lb. 6 oz.		

Ingredients that could produce possible adverse reactions (allergic or intoleran	ice):
Whey (milk in butter)	

Verification

Preparation

Herbs and vegetables

- 1. Put butter in 5-gallon pot. Melt.
- 2. Add green peppers, onions, mushrooms, chicken base, garlic powder, and white pepper.
- 3. CCP. Heat, stir, simmer (>200°F); 15 minutes. (Reduce Salmonella >5 log)
- 4. CCP. Remove from heat. Put 2" deep in 4" pan, uncovered. Place in refrigerator by fans. Cool to 41°F, 6 hours. (<1 log increase *Clostridium perfringens*)

Steamed rice

- 5. Get rice. Put in 4" pan. Add water.
- 6. CCP. Steam 50 minutes (>200°F, >1 minute). (Reduce Salmonella >5 log)
- 7. CCP. Put rice in refrigerator by fans. Cool to 41°F, 6 hours. (<1 log increase Bacillus cereus)

<u>Mix</u>

- 8. CCP. Combine herb-vegetable mixture and rice, <50°F, <15 minutes) (No significant multiplication).
- Cover. Label. Cool to 41°F, <4 hours (<1 log increase *Bacillus cereus*) Use in 7 days. (<1 log increase *Bacillus cereus*)

Process step #	Start food ctr. temp., ^o F	Thickest food dimension (in.)	Container size HxWxL (in.)	Cover Yes/No	Temp. on / around food	End food ctr. temp., ^o F	Process step time, hr./min.
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HACCP PLAN

	IPs and pre in place (T To=Ten		B, C, P, Potential Hazards and Risk Analysis	Control Critical Limit (CL) for each Hazard Control	Monitoring & Record; (What, How, Frequency, Who)	Corrective Action & Record	Verification & Record (Procedures and Frequency)
1.			B:				
Ti	То	t	C: P:				
2.			B:				
Ti	То	t	C: P:				
3.			B:				
Ti	То	t	C: P:				
4.			B:				
Ті	То	t	C: P:				
5.			B:				
Ті	То	t	C: P:				

B, C, P = Biological, Chemical, and Physical CCP = Critical Control Point Ti=temperature in; To=temperature out; t=time to complete the step D=Delay; I=Inspect; O=Operate; S=Store; T=Transport

RETAIL PROCESS HACCP

Process steps with controls Tasks Steps	Hazard and Risk Analysis B,C,P hazard identification Tolerable level / size Risk assessment Severity (cost) Probable hazard levels / size Probable occurrence Acceptable risk Significant next step risk	Control(s) Critical limit of process control(s) to reduce / prevent / eliminate a significant risk to an ALOP Validation and reference (FMEA) Process criterian to achieve a C _{pk} >1 within expected process deviations	Monitoring / Self-check Who, how, when, what to measure process variation and keep inside the critical limit(s). Where is it recorded?	Corrective Action If deviation created a significant risk, what corrective action would be taken?	<u>Verification and</u> <u>Analysis for</u> <u>Process</u> <u>Improvement</u> Who, how, when, what
MANAGEMENT HACCP					
HACCP team / QC		:			
PREREQUISITE PROGRAMS (HACCP) Environment: water, trash Personal hygiene: fingertips (10 ⁻⁶) Facility, equipment Wash food contact surfaces (10 ⁻⁵) Supplier: food ingredients, chemicals, hard foreign objects		,			
FOOD PROCESS HACCP					
Double wash fruits and vegetables (10 ⁻²)					
Fermentation / acid foods					
Additives IAW GMPs					
Pasteurize 10-5					
Hot hold-transport >125°F					
Cool <1 log increase of Clostridium					
perfringens					
Hold 40 to 125°F, <3-log increase					
Bacillus cereus; dry					
					20055 bacco 00/b28/b60)

(process haccp-00lh2&lh69)

HAND WASHING HACCP



Hazard:

Toilet paper slips and tears, and a person can get 6 log pathogens on fingertips.

Control:

When coming from the toilet, do the double wash with a nail brush for a 6 log reduction by dilution.

- **1.** Nail brush friction, detergent, and water (45 to 110°F), 3 log reduction
- 2. Second wash, no nail brush, 2 log reduction
- 3. Paper towel dry, 1 log reduction
- 4. Water flow, no splash, 2 gallons / minute
- 5. No touch controls are not necessary

Validation:

1. Contaminate fingertips 7 log with non-pathogenic *E. coli*

- 2. Double fingertip wash, 6 log reduction
- 3. Petrifilm[™] recovery *E. coli* <10 total

FOOD CONTACT SURFACE WASHING HACCP (cutting boards, knives)



Sanitize: Chemical: 75°F, water, 50 ppm chlorine; 12.5 ppm iodine; 150-200 ppm quat Thermal: 171°F, 30 seconds

Hazard:

Campylobacter jejuni from chicken (1,000 to 10,000 on surface) and *Vibrio* from seafood

Control:

1. With warm water running over the cutting board into a disposal, scrub with a brush for a few seconds; 3 log reduction by dilution

2. In the pot and pan sink, scrub again; 2 log reduction by dilution

- 3. Rinse to remove soap
- 4. Sanitize, air dry

Validation:

- 1. Put 7 log *E. coli* on the cutting board
- 2. Wash and sanitize
- 3. Swab 8 square inches, <10 E. coli

1223

FOOD RECEIVING AND STORAGE HACCP



Hazard:

Pathogens from raw food can cross-contaminate ready-to-eat food.

Control:

• Raw food: time and temperature not CCP; washing or cooking makes food safe

- Ready-to-eat food on top
- Air flow: 50 feet per minute holding; 1,000 feet per minute cooling;
- 41°F, 7 days; 45°F, 4 days; 50°F, 2.5 days; 70°F, 18 hours; 110°F, 4 hours
- Humidity 70% to prevent mold growth; 95% to prevent drying of fruits and vegetables

Validation:

• Instant mashed potatoes with *E. coli* in a container;

Store, measure temperature, measure growth

WASHING AND BLANCHING FRUITS AND VEGETABLES (VEGETATIVE BACKERIA) HACCP



Hazard:

Raw fruits and vegetables are contaminated in the pores of the surface. Chemicals do not affect pathogens in the surface.

Control:

The bacteria must be removed by brush friction or water turbulence. The following reduces bacteria, parasites, and viruses about 2 log by dilution.

1. Trim.

2. Wash in turbulent water. Transfer to 2nd sink.

3. Rinse in turbulent water, 2nd sink.

4. Spin dry.

Chemicals can be used in a 3rd sink, but have a limited effect, 1 log.

Blanch fruit or vegetable in 160°F water, 1 minute, for a 5 log reduction.

Validation:

Put *E. coli* on food and measure before and after treatment, using *E. coli* Petrifilm[™].

FOOD PASTEURIZATION HACCP (VEGETATIVE BACTERIA)









Hazard:

Pathogens contaminate raw meat, fish, and poultry.

Control:

Salmonella is the target pathogen. Reduce Salmonella 5 log. (Assumes the food is contaminated with about 1,000 / gram, and must be reduced by 1 per 100 grams.)

Validation:

- Contaminate with non-pathogenic *E. coli*.
 Take sample before heating, <70°F.
- Take samples about 130°F, 140°F, and 150°F. By 150°F, there should be >5 log reduction.

FOOD HOT HOLD HACCP (SPORE CONTROL)



Hazard:

• The surface of food with a center temperature of 140°F in a steam table exposed to air with a relative humidity of 50% will be about 117°F because of evaporative cooling.

- Clostridium perfringens will grow <125°F.
- Heat lamps dry food.

Control:

Keep food covered; keep high humidity, >90%, above food; or cover food with something like a butter sauce or cheese.

Validation:

• Make a pan of instant mashed potatoes with cooked ground beef on the surface.

• Measure temperature. Hold in a steam table for 4 hours. Measure *Clostridium perfringens.*

FOOD COOLING HACCP (SPORE CONTROL)





Hazard:

Clostridium botulinum, Bacillus cereus, and Clostridium perfringens spores will germinate and multiply if cooling is too slow between 125 and 80°F.

Control:

- Cool fast enough between 120 and 80°F to prevent outgrowth of spores <1 log.
- Pre-cool room temperature.
- Blast cooler 1,000 feet per minute air, 38°F, 2-inch pan, 6 hours.
- Ordinary refrigerator 50 feet per minute air, 2-inch pan, 15 hours.

Validation:

• Cook hamburger to 160°F to pasteurize the food and activate the spore. Put in a test container.

Cool. Take a center sample before and after cooling.
 Determine if there is growth using Petrifilm[™].

HACCP FOOD SAFETY PLAN (TRAINING) MANUAL

Preface

Log of changes Reassessment

Operations Description

System description Organization Environment (picture) Facilities (plan) Equipment (list) Menu HACCP (processes)

AMC-HACCP Management

Food safety policy Responsibility and accountability HACCP team / QC Self-inspection Corrective action Training Emergencies Food security / sabotage

Prerequisite Processes Personal hygiene

Employee illness reporting Hand washing After toilet After touching raw food Cleaning, maintenance, and pest control Facilities, Environment Equipment and warewashing **Supplies** Source of supply Ingredients Supplier safe vs. cook made safe Receiving inspection Storage: ambient, refrigerated, frozen Control of physical, chemical, and biological contamination

Food Process HACCP

Pre-preparation

Physical hazards Chemical hazards Allergens Thawing Fruit and vegetable washing Serving raw food **Preparation** Salad and hors d'oeuvres Pasteurization / sterilization Ingredients to extend shelf life Hot holding Cooling Cold holding Leftovers / reprocessing **Distributing / serving** food Communicating safe handling

EMPLOYEE FOOD HACCP TRAINING CHECKLIST

Critical Control Points	Demonstrated Correct Performance	Evaluation Date
PREREQUISITES Personal hygiene If I have vomiting or diarrhea, I will tell the PIC. I will double wash my fingertips when coming from an "unknown location" such as the toilet. When handling raw meat / fish / poultry, I will decontaminate my hands and food contact surface before touching RTE food. I do not touch my skin when working with food. Immediately after glove use, I remove the gloves and wash my hands Receiving When receiving food / opening food, any food that is damaged or spoiled will be returned to the supplier / discarded. Refrigerate food 41°F. Storage I store raw food on the bottom shelves in the refrigerator and RTE food above the raw food. I store chemicals completely separate from food. Equipment I assure that my equipment is clean before I use it. I assure that my equipment is working correctly and calibrated before I begin		
preparation.		

DAILY QA CHECKLIST

PREREQUISITE HACCP REQUIREMENTS	PERSON / ITEM : OBSERVATION	CORR. ACT #
 Personal Hygiene (Person: Health, cleanliness, double hand washing when coming from toilet, single hand washing for raw food / RTE food control, gloves control) 	1. : 2. : 3. :	
 Environment / facilities (Item: Cleaned, maintained, pests, trash, chemicals, water, plumbing controlled) 	1. : 2. : 3. :	
 Equipment (Item: Cleanliness, temperature, maintenance, sanitizer concentration) 	1. : 2. : 3. :	
4. Storage (Food: temperature, use by)	1. : 2. : 3. :	
FOOD HACCP PROCESSES	FOOD : OBSERVATION	CORR ACT#
1. Physical hazards (Food: hazard control)	1. : 2. :	
 Allergen control; do not add fresh to old; do not combine different leftovers (Food: allergen control) 	1. : 2. :	
 Double wash fruits and vegetables Food: adequate physical wash) 	1. : 2. :	

PROCESS PERFORMANCE CRITERIA-BASED AMC-HACCP SELF-INSPECTION, MONTHLY

	FOOD SAFETY PERFORMANCE REQUIREMENTS	OBSERVATION	CORR.	ACT.
ar-ina-ising	Management Programs			
1. M	anagement, Person In Charge (PIC), HACCP team, trained and performing:			
ä	 Self-assessment using hazard and control checklist 			
1	Cooks know hazards and perform controls and monitoring			
(Team meeting to verify records that processes are in control and to take			
	corrective action and improve			
(HACCP plan validated; all food preparation procedures validated 			
	Prerequisite Programs			
2. P	ersonal Hygiene			
ä	a. Ill employee control (no work if vomiting, diarrhea; tell PIC if sick; restricted			
	work if sneezing, coughing, runny nose; Call health department with			
	hepatitis A, norovirus, Salmonella, Escherichia coli O157:H7, etc.)			
	 Employees clean (uniform; no body odor, short fingernails, etc.) 			
(c. Double hand washing when coming into food prep area, 6 log reduction; sink			
	is convenient, equipped			
	 Single hand washing when in kitchen working with food, 3 log reduction 			
	 Fingertip rinse bucket at work station, 3 log reduction 			
1	. Gloves are optional, except wounds and cuts on hands, arms washed,			
	bandaged, covered			
	nvironment / Facilities			
	a. Cleaned, maintained, pests controlled			
1	b. Water, plumbing, sewage, trash controlled (no cross connections; backflow			
	preventers / air gaps installed; water safe source; approved sewer and			
	waste management)			
	 Toxic items, chemicals controlled (separate storage; labeled) 			

THE TEST OF AN EFFECTIVE HACCP-BASED FOOD SAFETY MANAGEMENT PROGRAM

Ask the person / manager / employee selling you the product.

- 1. What are you preparing and the process?
 - The person should think recipe and flow chart.
- 2. What are the hazards in this process?
- 3. The person should answer:
 - All prerequisite processes are controlled.
 - Personal hygiene.
 - Environment, pests, water.
 - Food contact surfaces are washed, rinsed, and sanitized.
 - Supplies come from qualified suppliers.
 - There are the following significant chemical physical, and biological hazards in the food. The critical limits are _____.
 - I perform the following controls. (My target values are _____.)
 - I monitor by ______ to assure that the process is in control, and I record it in the _____.

Operation	B,C,P hazard	Hazard control;	Monitoring / self-	Corrective	Verification
Process step	identification /	validation;	check; Who, How,	action (by	(Improvement)
Description	risk assessment	reference	When, recording	HACCP team)	Direct / record
CONVERTING THE RETAIL FOOD-CODE KITCHEN INTO A HACCP COMMERCIAL PROCESSING KITCHEN

THE 9TH ANNUAL FOOD SAFETY & SECURITY SUMMIT Washington, D.C. Convention Center

March 6, 2007; 8:00 to 9:00 a.m.

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HACCP REFERENCE LIBRARY

- Hazard analysis and critical control point principles and application guidelines is the basic document used worldwide to identify the components of HACCP and seven steps to preparing a HACCP plan. (NACMCF) (1992-1998)
- Principles of risk assessment for illness caused by foodborne biological agents adds how to determine in the first step of HACCP, hazard analysis, if the hazard is significant. (NACMCF) (1998)
- 21 CFR 123. FDA fish and shellfish HACCP
- 21 CFR 110. FDA GMPs for all non-meat and poultry and non-fish / shellfish plants such as produce, dairy, bakery, sauces
- 21 CFR 113. FDA thermally processed low-acid food packed in hermetically sealed container
- 21 CFR 114. FDA acidified food
- 9 CFR 416. USDA sanitation / GMP regulations for meat and poultry products
- 9 CFR 417. USDA HACCP regulations
- USDA FSIS. 2001. Draft compliance guidelines for ready-to-eat meat and poultry products. http://www.fsis.usda.gov/OPPDE/rdad/FRPubs/97-013P/RTEGuide.pdf
- USDA FSIS Directive 10,240.3. Sampling protocol for ready-to-eat products (*Listeria*)

ADVANTAGE OF UNIFORM (FEDERAL PERFORMANCE) STANDARDS (FDA 2005 Food Code Preface. 4)

Use of HACCP and performance standards as the measure of regulatory compliance means establishments are <u>free to use innovative</u> <u>approaches</u> in producing safe products such as specified cooling times and temperatures from USDA, that achieve the same end. (Adapted from Preface, page iv)

Retail operators may be given the same opportunity as federallyregulated establishments to use innovative techniques in the production of safe foods. However, to show compliance with the federal performance standard, the retail processor must, like a federally inspected establishment, show that processing controls are in place to ensure that the standard is being met. Thus, a request for a variance based on a federal performance standard must be supported by a validated HACCP plan with record keeping and documented verification being made available to the regulatory authority. (Preface, page v)

GOVERNMENT COMMAND AND CONTROL VS. HACCP PERFORMANCE STANDARDS

ltem	USDA	FDA Process	FDA Fish	FDA Food Code	HACCP Perform. Stnds.
Cleaning food contact surfaces	Visually clean	Visually clean	Visually clean	Visually clean	2-5-log reduction.
Cleaning feces from fingers	Visually clean	Visually clean	Visually clean	Visually clean	6-log reduction.
Cold raw food storage	40°F	45ºF	40ºF	41ºF	None. Past. assures safety. Food spoils.
Pre-preparation	None	None	None	None	None. Past. makes safe.
Fruit and veg. wash / blanch	None	5D juice	None	None	2-5-log Salmonella reduction.
Acidified food	pH <4.6	рН <4.6	pH <4.6	pH <4.6 (changing to Temperature Control for Safety, TCS)	If pasteurized, pH <4.6 / 4.2 / <i>B. cereus</i> If raw, pH <4.2, <1-log increase <i>Salmonella</i> .
Cooking / pasteurization	Red meat, 6.5D; Poultry, 7D	None	None	Hamburger 155°F, 15 sec.; Roast beef 130°F, 112 min,; Poultry 165°F, 15 sec.	Supplier certifies fully cooked or 5D center <i>Salmonella</i> reduction.
Hot hold	140ºF	140ºF	140ºF	135°F all except roast beef 130°F	<1-log increase C. perf.
Cooling	<1 log growth C. perf.	None	None	135 to 70°F, 2 hr., 70 to 41°F, 4 hr.; total 6 hr.	<1-log increase C. perf.
Cold holding	40°F	45°F	40°F	41ºF	<3-log increase <i>B. cereus</i>

HACCP ALLOWS OPERATORS TO DO ANY PROCESS THAT CAN PRODUCE SAFE FOOD

- Vacuum packaging / sous vide / chilled food: 90-day shelf life at 40°F.
- Chilled and frozen take-out entrees and meals: CO₂ and MAP to extend shelf life.
- Pasteurized: sous vide and chilled food; 5to-60 day / 38°F shelf life (just like milk).
- Sterilized: soups and sauces in jars; canning.
- Acidified: sauces, dressings; use of acids and additives in glazes.
- Produce low-water-activity food such as jams, jellies, jerky.
- Produce all kinds of packaged pastries and cookies.

HACCP helps the operator.

- Kitchen energy requirement will be cut to 1/3 of present use.
- Suppliers will have HACCP programs and tell the cook the level of pathogens in the food that the cook must control.
- Retail food operators can do any process that food manufacturers do.
- New equipment technology and processes can be used.

- Fermented foods: sausage, cheese, yogurt, sauerkraut, kimchee, beer / wine / vinegar.
- Thawing on the counter.
- Hot food precooling at room temperature.
- Slow cook at 130°F, 90% Rh.
- Displaying and selling food at room temperature (sushi); meat fondue.
- Produce food for home meal replacement; delivered in town or anywhere in the U.S. by UPS, FEDEX, etc.

PROCESS VALIDATION "APPROVAL" JOURNAL PEER-REVIEWED RESEARCH REPORT

Abstract

Introduction

What is the process; what is the hazard; and what is the purpose of the report?

Methods

How were samples prepared? What microorganisms were used and source? What additives were used? How was the test conducted and controlled? How were the results measured?

Results

What were the data from the study, and how uniform were results?

Discussion

Discuss results in terms of the purpose of the study

Conclusions

Was or was not the hazard effectively controlled?

Summary

STAGES OF FOOD OPERATION SELF-CONTROL

COOK PREPARING FOOD AT HOME (about 40% of outbreaks)

• No government inspection. Food safety by luck and experience.

LICENSED KITCHEN (one to two inspections a year)

 Government rules based on regulatory judgment, not scientifically correct process validation studies. Inspector does not have time to check process.

ACTIVE MANAGER CONTROL

- Government rules the same as for the licensed kitchen.
- Manager keeps records of CCP such as ill employees and food storage temperatures. Inspector checks records but not employee demonstration of control.

MANAGER HACCP PROCESS CONTROL AND INNOVATION

 Manager determines hazards and risks, and sets controls and critical limits (CL) based on science. Managers / cooks can innovate any process that they can validate as meeting a Food Safety Objective (FSO). Government approves the Food Safety Management Plan and food HACCP plans.

THE UNIT AS A FOOD PROCESS SYSTEM



unit-food-proc-8-06-simple

THE SEVEN COOK-THEN-PACKAGE / SERVE RECIPE PROCESSES

Design for control of infective microorganisms and toxin-producing microorganisms



1284

USDA-SPECIFIED CHILLED FOOD PROCESSES

COOK-IN-PACKAGE

1. Assemble – Sear – Package – Cook – Chill

 Sous vide Rolls and roasts. Canned crab, ham Pates, sausage in casing

Casseroles

PRE-PREP→VACUUM PACKAGE→PASTEURIZE→CHILL

PRE-PREP→PACKAGE OR PAN AND COVER→PASTEURIZE→CHILL (Meat, pasta, vegetable, sauce combination)

COOK-THEN-PACKAGE

2. Assemble – Cook – Package above 160°F (71.1°C) – Chill

PRE-PREP→PASTEURIZE AND PACKAGE HOT→CHILL Stews, Sauces Soups

3. Cook – Chill – Assemble – Package

- Roast or fried chicken PRE-PREP→PASTEURIZE→CHILL→PACKAGE Uncured sausages, patties
- Uncured luncheon meat $PRE-PREP \rightarrow PASTEURIZE \rightarrow CHILL \rightarrow SLICE/DICE \rightarrow PACKAGE$ Diced meat
- Meat and pasta dinner $PRE-PREP \rightarrow PASTEURIZE \rightarrow CHILL \rightarrow ASSEMBLE \rightarrow PACKAGE$ Sandwiches and pizza
- Meat pies, quiches PRE-PREP \rightarrow FILL IN DOUGH \rightarrow PASTEURIZE \rightarrow CHILL \rightarrow PACKAGE
- Uncured meat. PRE-PREP \rightarrow ADD RAW INGREDIENTS \rightarrow PASTEURIZE \rightarrow CHILL TO GEL \rightarrow PACKAGE Loafs / tureen
- 4. Assemble with Cooked and Raw Ingredients Package [chill, pasteurize (heat), or serve cold]
 - Cold salad $PRE-PREP \rightarrow CHILL \rightarrow ASSEMBLE \rightarrow OPTIONAL \rightarrow PACKAGE$ Sandwiches, DISINFECT/ COOK/CHILL PASTEURIZE Pizza

* Note: Food that is frozen after processing can have 20,000 to 50,000 microorganisms per gram.

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THE GLOBAL FOOD HAZARDS

CHEMICAL

Poisonous Substances

Toxic plant material Intentional additives Chemicals created by the process Agricultural chemicals Antibiotic and other drug residues Unintentional additives Sabotage / terrorism Equipment leaching Packaging leaching Industrial pollutants Heavy metals Radioactive isotopes

Adverse Food Reactions

<u>(food sensitivity)</u> Food allergens Food intolerances Metabolic disorder Pharmacological reactions Idiosyncratic reactions Anaphylactoid reactions

PHYSICAL

- Hard Foreign Objects
- Glass Wood Stones Metal Packaging materials Bones Building materials Personal effects

Functional Hazards

Particle size deviation Packaging defects Sabotage

<u>Choking / Food Asphyxiation</u> <u>Hazards</u> Pieces of food

Thermal Hazards Food so hot that it burns tissue

BIOLOGICAL

Microorganisms and their Toxins

Bacteria: vegetative cells and spores Molds (mycotoxins, e.g., aflatoxin) Yeasts (*Candida albicans*) Viruses and rickettsia Parasites

Fish and shellfish as sources of toxic compounds

Pests, animals (birds, insects and rodents) as carriers of pathogens

Filth from insects, rodents, and any other unwanted animal parts or excreta

FOOD PRODUCT PROCESS HACCP

	H ₀	+ ΣΙ -	Σ R		+ 2	EI = FSO
Input Hazards		Processes			W	vith ALOP
 III employee / feces on fingers 	10 ⁶	Hand wash (<i>Shigella</i>)	10 ⁻⁶	10 ⁰	-	•
 Environment, facilities, equipment, pest control, food contact surface cleaning 	10 ³	Food contact surface clean and sanitize (<i>Salmonella</i>)	10 ⁻³	10 ⁰	Ķ	
• Supplies: food that the farmer grew / processor made safe, physical hazards, chemical control, prevent cross- contamination	10 ³	Food wash / pasteurization Sterilization	10 ⁻⁵ 10 ⁻⁹	10		
		↑ CM / PS		↑ PO		
ALOPAppropriate LevelPOPerformance Object	Of Pro	Safe level of hazard tection – Acceptable ill / ² Level of a hazard at end ction taken to reduce / co	of step		Σľ H	lazard input lazard increase lazard reduction

PS Performance Standard – hazard reduction in a step

FOOD HAZARDS (H₀) AND FOOD SAFETY OBJECTIVES (FSO)

Hazards	Raw Product Contamination (H ₀)	Process Performance Criteria (ΣR)	Food Safety Objective (FSO)
MICROBIOLOGICAL			
INFECTIVE			
Vegetative pathogens - infection	2		
Salmonella spp.	10 ³ cfu/g	10 ⁻⁵ cfu/g - reduce	10 ⁻² cfu/g or 1cfu per 100 g
Shigella spp.	10 ³ cfu/g	10 ⁻⁵ cfu/g - reduce	10 ⁻² cfu/g or 1cfu per 100 g
Escherichia coli O157:H7	10 ³ cfu/g	10 ⁻⁵ cfu/g - reduce	10 ⁻² cfu/g or 1cfu per 100 g
Parasites	101		
Cryptosporidium parvum	1 cyst	prevent / reduce	undetectable
Toxoplasma gondii	1 cyst	prevent / reduce	undetectable
Trichinella spiralis	1-500 larvae	prevent / reduce	undetectable
Viruses			
Hepatitis A	>10 virus / g	prevent / reduce	undetectable
Norovirus	>100 virus / g	prevent / reduce	undetectable
TOXIN PRODUCING Staphylococcus aureus (exotoxin) Clostridium botulinum (exotoxin) Bacillus cereus (exotoxin, enterotoxin) Clostridium perfringens (enterotoxin)	10 ³ cfu/g 10 ⁰ spores / g 10 ² spores / g 10 ² spores / g	<10 ³ cfu/g increase <10 ³ cfu/g increase <10 ³ cfu/g increase <10 ³ cfu/g increase	<10 ⁶ cfu/g (toxin dose: <1 microgram) <10 ³ cfu/g (toxin dose: ≤2 nanograms) <10 ⁵ cfu/g (toxin dose: unknown) <10 ⁵ cfu/g (toxin dose: unknown)
CHEMICAL			
Sulfites	Unk	none added	<10 ppm
Nitrates	Unk	<500 ppm added	<500 ppm
Nitrites	Unk	<200 ppm added	<200 ppm
Monosodium glutamate	Unk	≤0.5 g / serving	<3.0 g / meal
Aflatoxins (from mold)	<20 ppb	no increase	<20 ppb
Histamine (from fish, cheese)	<20 ppm	no increase	<20 ppm
PHYSICAL Hard foreign objects (broken tooth) Choking	>1/16 inch diameter >1/4 inch diameter	prevent / remove prevent / remove	undetectable undetectable
Choking * cfu = colony forming units			

* cfu = colony forming units

00lh2&lh80: fd-haz-saf-obj (from Dennys jan05mtg;p47) rev 12/28/06 print 12/29/06

FOOD GROUPS HACCP PROCESS ANALYSIS

	HACCP Process Groups (USDA HACCP, 9 CFR 417) Prerequisite / GMPs working	Control	Shelf life
Ι	Not heat treated, not shelf stable (raw). Not PHF / no RPG: sprouts; raw meat, fish; sushi, sashimi; poultry; eggs, raw fruits and vegetables	Grown safe, with H ₀ that meets FSO. May require Temperature Control for Quality.	<14 days (bact. spoilage)
II	Not heat treated, with inhibitors to make shelf stable. <u>Water activity</u> : flour, corn meal, nuts, salt, sugar, sugar icing, honey, spices and herbs, oil, lard; salted, dried fish, fresh pasta <u>Fermentation</u> : pepperoni, salami; olives; dairy (cheese, yogurt, sour cream / milk / crème fraîche); bread; sauerkraut; kimchee; beer, wine <u>Acidified</u> : salad dressing; cole slaw; salsa; condiments	Grown safe, made safe by supplier, with H_0 that, with $+\Sigma I$ - ΣR (5-log <i>Salmonella</i>), meets FSO. Does not require TCS because of product aw, pH, or additives.	>2 years, 70ºF (chem. spoilage)
- 111	Fully cooked, not shelf stable. hot or cooled, refrigerated ready-to-eat food; meat, fish, poultry; fruits, vegetables, dairy, pastry filling, pudding	Pasteurized (5-log to 7-log Salmonella) so that $+\Sigma I-\Sigma R$ meets FSO. Requires TCS.	41 to 135ºF, ≤4 hours or Cold 41ºF, 14-90 days
IV	Fully cooked, with inhibitors to make shelf stable. marinara sauce; fruit pie fillings; cake icing, bread and pastry, dry cereals, dry pasta, smoked fish; packaged, low-pH fruits and vegetables	Pasteurized (5-log to 7-log Salmonella) so that $+\Sigma I-\Sigma R$ meets FSO. Does not require TCS because of product a _w , pH, or additives.	>5 years
V	Commercially sterile, shelf stable. "packaged" meat, fish, poultry, fruits, vegetables, dairy / UHT milk	Sterilized, <i>Clostridium botulinum</i> spores reduced 9 log to 12 log. Does not require TCS.	>5 years

HACCP PROCESS PERFORMANCE STANDARDS

- Physical hazard: <1/16 inch.
- Chemical hazard: At tolerable levels.
- Remove fecal pathogens from fingertips: 6D reduction.
- Wash food pathogens from hands: 3D reduction.
- Wash food pathogens from food contact surfaces: 5D reduction.
- Supplier safe with HACCP intervention process, or cook makes safe.
- Wash fruits and vegetables for a 2D reduction or blanch for a 5D reduction.
- Pasteurize meat, poultry, fish for a 5D reduction of Salmonella.
- Sterilize food for a 12D reduction of *Clostridium botulinum*.
- Cool 120 to 55°F, 6 hours (to 40°F, 14.4 hours); <1 log increase of Clostridium perfringens.
- Acidify: Salmonella control <4.1 pH
 C. botulinum control <4.6 pH
- A_w: <0.86 a_w Staphylococcus aureus control
 <0.92 a_w Bacillus cereus control
- Cold hold <40°F, no spore outgrowth; no time limit. If held 40 to 130°F, or given to consumer for take-out, <3 log increase.

MENU ITEMS GROUPED BY HAZARD AND CONTROL CATEGORIES (Assumes that prerequisite programs are effective.)

Thick Food >2"	Thin Food <2"	Sauces, Soups	Fruits, Vegs., Starches	Hot Combo	Cold Combo	Breads, Pastries, Desserts	Miscellaneous
<u>Served hot</u> Prime rib Roast	<u>Center</u> <u>pasteurize</u> Hamburger	Hot	Cooked Products	Cooked Products	Cold Products		Dairy Products
chicken Baked ham	Meatballs Sausage <u>Surface</u> <u>pasteurize</u>	<i>pH</i> >4.6 Gravy White sauce Chicken soup	<i>pH</i> >4.6 Potatoes Pasta Rice	<i>pH</i> >4.6 Beef stew Fettucini Alfredo	<i>pH</i> >4.6 Chicken sandwich Chicken salad	<i>pH >4.6</i> Eclairs Pumpkin pie Meat pies	pH >4.6 Milk Cream Most cheese
	Steaks Chops Fillets	<i>pH <4.6/4.2</i> Hollandaise sauce Bearnaise sauce	<i>pH</i> <4.6/4.2 Applesauce Sweet and sour red cabbage	<i>pH <4.6/4.2</i> Chili con carne BBQ beef	pH <4.6/4.2 Cole slaw Salsa Deviled eggs	<i>pH</i> <4.6/4.2 Cherry pie Apple pie Rhubarb crisp	pH <4.6/4.2 Yogurt Cheddar cheese
Served cold Sliced ham	<u>Eaten raw</u> Fish	Cold	<u>Washed, not</u> <u>cooked</u>				<u>Beverages</u>
Sliced beef Sliced turkey	Eggs Steak Tartar (beef)	pH >4.6 Vichyssoise Custards	pH >4.6 Lettuce Cauliflower				pH >4.6 Coffee Tea
		pH <4.6/4.2 Mayonnaise Gazpacho	<i>pH <4.6/4.2</i> Apples Tomatoes Strawberries				pH <4.6/4.2 Lemonade Cola Beer
	a_w<0.92 Salted fish	a_w<0.92 Honey Jam, jelly Maple syrup				a_w<0.92 Breads Muffins Pancakes	Wine

00lh2&lh80: menu-items-7categ-table

SUPPLIER CONTROLS FOR SAFE INGREDIENTS

			CONTRO	L			STABILIZ	E
ingredient	Grown safe	HFO Sort, Remove	Wash	Pasteurize Sterilize	Allergen (inform)	A _w	pH Acid / Ferment	Ref. / Freeze
Meat, fish, poultry								
Entrée								
Fruits, vegetables								
Dairy / eggs								
Bakery, grain								
Juice, beverages								
Fats / oils								
Sugar / sweets								
Condiments / dressings								
Gravy								
Spices / herbs / chemicals								
Alcoholic beverages								

COOK CONTROLS FOR SAFE INGREDIENTS

			CO	NTROL			STABILIZE		
ingredient	B,C,P Hazard	HFO Sort, Remove	Wash	Pasteurize Sterilize	Allergen (inform)	A _w	pH Acid / Ferment	Ref. / Freeze	
Meat, fish, poultry									
Entrée									
Fruits, vegetables									
Dairy / eggs									
Bakery, grain									
Juice, beverages									
Fats / oils									
Sugar / sweets									
Condiments / dressings									
Gravy									
Spices / herbs / chemicals									
Alcoholic beverages									

FOOD PROCESS HACCP PLAN (CODEX / NACMCF)

Recipe Process Step	Chemical, Physical, Biological Hazards	ls this a CCP? (Yes / No)	Control- process criteria (Tolerable limits)	Monitoring procedures / Frequency / Person(s) responsible	Corrective actions / Person(s) responsible	Verification procedures / Person(s) responsible	HACCP records

HITM RETAIL PROCESS HACCP / RISK CONTROL PLAN

Process steps with controls Management, Prerequisite controls are effective	 Hazard and Risk Analysis B,C,P hazard identification Tolerable level / size Risk assessment Severity (cost) Probable hazard levels / size Probable occurrence Acceptable risk Significant next step risk	<u>Control(s)</u> • Critical limit of process control(s) to reduce / prevent / eliminate a significant risk to an ALOP • Validation and reference (FMEA) • Process criterion to achieve a C _{pk} >1 within expected process deviations	<u>Monitoring /</u> <u>Self-check</u> Who, how, when, what to measure process variation and keep inside the critical limit(s) Where is it recorded?	Corrective Action If deviation created a significant risk, what corrective action was taken?	<u>Verification</u> and Analysis for Process <u>Improvement</u> Who, how, when, what

THE RECIPE AS THE HACCP PLAN

Recipe Name: Chicken Cacciatore		Portion size (vol./wt.): 1/4 (6 oz.) chicken + 3 oz. sauce		Preparation time: 2 hours			
	n style: Co r: O. P. S.		Number of portions: Final yield (AS):100 Final yield:	100	Prepa Super	red by: S.P. visor:	
Gp. #	Ingred. #	Ingredients	and Specifications	Edible Portion (weight or vol		EP Weight %	As served (weight)

# #		Ingredients and Specifications		or volume)	%	(weight)	
1	1	Onions, chopped (1/2" x 1")	3.0 lb	1,360.00 g	13.26		
	2	Mushrooms, cut (1/2 *, caps & stems)	3.0 lb	1,360.00 g	13.26	1	
	3	Peppers, green, cut (1/2" x 1")	2.0 lb	907.2 g	8.84	1	
	4	Garlic, chopped	6 Tbsp.	85.05 g	0.53	1	
	5	Tomatoes, canned, crushed (2 - #10 cans)	13.25 lb	6,010.00 g	58.58]	
	6	Oil, vegetable	1/4 cup	54.00 g	0.53	1	
	7	Wine, Marsala or Madeira	2 cups	472.00 g	4.60	1	
	8	Oregano, crushed	2 tsp.	3.00 g	0.03	1	
	9	Salt	1 tsp.	5.50 g	0.05	1	
	10	Pepper	1 tsp.	2.10 g	0.02	1	
		Total	22.6 lb	10,258.85 g	100.00	22.0 lb	
		Approx. gallons	2.5 gal.				
11	11	Chickens, whole (25 - 21/4 to 21/2 lb.)	62 lb			40.0 lb	

Preparation

- Prepare sauce. Get chopped onions, mushrooms, green peppers and garlic (40°F) from refrigerator. Sauté the vegetables in vegetable oil for about 10 minutes. Add crushed tomatoes with juice, wine, and seasonings (72°F). Bring sauce to a simmering temperature (205°F, 10 min.).
 - 1a. Hold sauce in bain marie. (165°F, 20 min.)
- Prepare chicken. Get chicken quarters (40°F) from meat and poultry refrigerated storage area. Remove rib bones. (45°F, 10 min.)
- CCP Place quarters, one layer deep in shallow roasting pans. Brown chicken by baking it in a convection oven at 350°F for 30 min. (>165°F, >15 sec.)
- Remove pans of chicken from oven. (165°F, 15 min.) Pour off excess liquid. Save for chicken stock.
 - 4a. CCP Cool liquid from 135 to <41°F, <6 hours, <2 inches deep or <1-gallon container.
- 5. Cover the chicken quarters with sauce, 155°F, <10 min. (Final temperature 150°F.)
- Return the pans of chicken and sauce to convection oven at 300°F and continue baking until all parts of the chicken reach a temperature of 175°F (about 45 minutes).
- 7. Check temperature of chicken. If temperature is not 175°F, continue baking.
- 8. Cover chicken, 175°F, transfer to 150°F hot holding unit and serve within <2 hours.

Hold / Serve

 Hold / serve chicken >150°F, <2 hours. For each portion, use either 1/4 quarter white or dark meat. Chicken should be accompanied by 3 ounces of sauce (165°F) (about 3 tablespoons).

Leftovers

10. CCP Cool from 135 to <41°F in <6 hours, ≤2 inches deep or <1-gallon container.

Ingredients that could produce possible allergic reactions: Tomatoes, wine

ess Start food ctr. Thickest foo	d Container size Co	ver Temp. on/	End food ctr.	Process step
# temp., °F dimension (in	.) HxWxL (in.) Ye	/No around food	temp., °F	time, hr./min.



QUALITY-ASSURED HACCP RECIPE PROCEDURES (Prerequisite controls / SSOPs / GMPs are effective)

Gp. #	Ingred. #	Ingredients and Specifications	Lot #	EP Weight %	Edible (wt.)	Portion (vol.)	As Served (weight)	Nutr. #

Ingredients that could produce possible adverse reactions (allergic or intolerance):

Verification

Pre-preparation

- 1. Get food for recipe, <1-log increase *L. monocytogenes*.
- 2. Thaw <70°F, <1-log increase in Salmonella.
- 3. Do pre-prep. (No significant hazard.)

Preparation

- 4. **CCP**. Double wash all fruits and vegetables served raw to reduce vegetative pathogens 2 log or blanch, 5-log reduction of *Salmonella*..
- 5. CCP. Pasteurize / cook for 5-log Salmonella reduction (155°F, 15 seconds).

Hold / Serve

6. Hot hold, transport, serve. <1-log increase *C. perfringens* (>125°F, 90% Rh).

Leftovers

- 7. CCP. Cool to prevent >1-log increase of *C. perfringens* (120 to 55°F, 6 hr. and continue until 40°F, 14 hr.; <2 in. deep or 1- gal. pot, 6 in. diameter).
- 8. Cold hold, <3-log increase *B. cereus*. If making cold mixed salad, get all ingredients <50°F before mixing to control *Staphylococcus aureus*.

Process step #	Start food ctr. temp., ºF	Thickest food dimension (in.)	Container size HxWxL (in.)	Cover Yes/No	Temp. on / around food	End food ctr. temp., ºF	Process step time, hr./min.
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FIVE USDA PROCESSES HACCP PLAN

Prerequisite controls are in place.



USDA-proc-5-planwithflow / USDA-process-groups-combofive-plan.doc

FOOD SAFETY PLAN AND HACCP MANUAL

Preface

Log of changes Reassessment

Operations Description

System description Organization Environment (picture) Facilities (plan) Equipment (list) Menu HACCP (processes)

Management

Food safety policy Responsibility and accountability HACCP team / QC Self-inspection Corrective action Training Emergencies Food security / sabotage

Prerequisite Processes Personal hygiene

Employee illness reporting Hand washing After toilet After touching raw food Cleaning, maintenance, and pest control Facilities, Environment Equipment and warewashing **Supplies** Source of supply Ingredients Supplier safe vs. cook made safe Receiving inspection Storage: ambient, refrigerated, frozen Control of physical, chemical, and biological contamination

Food Process HACCP

Pre-preparation

Physical hazards Chemical hazards Allergens Thawing Fruit and vegetable washing Serving raw food **Preparation** Salad and hors d'oeuvres Pasteurization / sterilization Ingredients to extend shelf life Hot holding Cooling Cold holding Leftovers / reprocessing **Distributing / serving** food Communicating safe handling

OPERATION DESCRIPTION

Company / unit name Address			
License / establishment number			
Description (picture) of facility			
Person in charge			
HACCP team members and duties	Member name	Duties: Team	Operation
Hours of operations			
Type of operation			
Number of units / lbs. produced daily			
Population to which food is mainly served	General population		
General processes for food preparation			
Products donated to charitable organizations (specify items)			

DAILY QA CHECKLIST AND RECORD

PREREQUISITE HACCP REQUIREMENTS	PERSON / ITEM : OBSERVATION	CORR. ACT #
 Personal Hygiene (Person: Health, cleanliness, double hand washing when coming from toilet, single hand washing for raw food / RTE food control, gloves control) 	1. : 2. : 3. :	
 Environment / facilities (Item: Cleaned, maintained, pests, trash, chemicals, water, plumbing controlled) 	1. : 2. : 3. :	
 Equipment (Item: Cleanliness, temperature, maintenance, sanitizer concentration) 	1. : 2. : 3. :	
4. Storage (Food: temperature, use by)	1. : 2. : 3. :	
FOOD HACCP PROCESSES	FOOD : OBSERVATION	CORR ACT#
1. Physical hazards (Food: hazard control)	1. : 2. :	
 Allergen control; do not add fresh to old; do not combine different leftovers (Food: allergen control) 	1. : 2. :	
 Double wash fruits and vegetables Food: adequate physical wash) 	1. : 2. :	

MONTHLY PROCESS CHECKLIST AND RECORD

		FOOD SAFETY PERFORMANCE REQUIREMENTS	OBSERVATION	CORR. AC	Τ.
ar de se-	500,2002-00	Management Programs			
1.	Mar	agement, Person In Charge (PIC), HACCP team, trained and performing:			
	а.	Self-assessment using hazard and control checklist			
	b.	Cooks know hazards and perform controls and monitoring			
	C.	Team meeting to verify records that processes are in control and to take			
		corrective action and improve			
	d.	HACCP plan validated; all food preparation procedures validated			
		Prerequisite Programs			
2.		sonal Hygiene			
	а.	Ill employee control (no work if vomiting, diarrhea; tell PIC if sick; restricted			
		work if sneezing, coughing, runny nose; Call health department with			
		hepatitis A, norovirus, Salmonella, Escherichia coli O157:H7, etc.)			
		Employees clean (uniform; no body odor, short fingernails, etc.)			
	C.	Double hand washing when coming into food prep area, 6 log reduction; sink is convenient, equipped			
	d	Single hand washing when in kitchen working with food, 3 log reduction			
		Fingertip rinse bucket at work station, 3 log reduction			
		Gloves are optional, except wounds and cuts on hands, arms washed,			
	1.	bandaged, covered			
3.	Env	ironment / Facilities			-
	a.	Cleaned, maintained, pests controlled			
	b.	Water, plumbing, sewage, trash controlled (no cross connections; backflow			
		preventers / air gaps installed; water safe source; approved sewer and waste management)			
	C.	Toxic items, chemicals controlled (separate storage; labeled)			
	C.	roxic items, chemicals controlled (separate storage; labeled)			

CLEANING PLAN AND REPORT

Equipment / area / surface (reference #)	Assigned to *	When done **	What to do, cleaning and sanitizing chemicals to use	Done by (initial / date)	Comments and corrective action
Receiving					
Storage					
Pre-prep					
Produce					
Meat, poultry fish					
Kitchen					
Packaging					
Trucks					

Verification _____ Date ___

* You may use a code such as: fp = food preparation person; st = sanitation technician; sp = service person; ap = administrative person.

** Be as specific as possible. You may use a code such as: 3h = every 3 hours; a/u = after each use; a/o = at opening of the restaurant; a/c = at closing of the restaurant; a/r = as required during daily operations; wk = weekly.

PREVENTIVE MAINTENANCE PLAN AND REPORT

Equipment (reference #)	Assigned to	When done	What to do, what to use	Done by (initial / date)	Comments and corrective action
Refrigerators					
Ovens					
Fryers					
Ventilation					
Utility cleaning					
Hot water					
Floors / walls					

Verification _____ Date _____

SUPPLIER INGREDIENT SPECIFICATIONS

Ingredient name:ProHow is it to be used?Type of package:Special distribution control needs?Shelf life at what temperature?Ingredient description:Safety of ingredient:What is the supplier's intervention strategy?

Ingredient statement:

Allergens / chemical hazard:

MICROBIAL SPECIFICATIONS / HAZARDS									
Organism	Mean	3 Std. Dev.							
APC									
Escherichia coli									
<i>Listeria</i> spp.									
Salmonella									
Yeast									
Mold									

Organism	Mean	3 Std. Dev.							
Finished product weight									
Dimensions									
Texture									
Flavor / aroma									
Foreign material									
Color									
Shape									

PHYSICAL SPECIFICATIONS / HAZARDS

Kosher specifications (if desired): Packaging

9/6/2007

NUTRITION SPECIFICATIONS (CONSUMER)

Ingredient label:

Ingredient name:

UPC:

Production description:

Serving size:

Serving description:

Nutrition name	Value	% Daily value	Nutrition name	Value	% Daily value
Calories (Kcal)			Total carbohydrates (g)		%%
Calories from fat (Kcal)			Dietary fiber (g)		
Total fat (g)		%	Sugars (g)		
Saturated fat (g)		%	Protein (g)		
Trans fat (g)			Vitamin A (IU)		%
Cholesterol (mg)		%	Vitamin C (mg)		%
Sodium (mg)		%	Calcium (mg)		%
			Iron (mg)		%

Packaging:

Preparation instructions:

Allergens:

ASSEMBLE / PACKAGE PRODUCTION RECORD

Product _____

Date _____

Lot #/	Size / #	Empl.	Time		Time Finis	hed / Temp			Cooling,	120-55ºF					Comments
Prod.	Pkgs	Init.	Started	Time	Temp	Temp	Temp	Time / Temp	Time / Temp	Time / Temp	Time / Temp	Init.	Verify	Preship	Below ✓

Comments _____

EMPLOYEE FOOD HACCP TRAINING CHECKLIST

Critical Control Points	Demonstrated Correct Performance	Evaluation Date
PREREQUISITES Personal hygiene If I have vomiting or diarrhea, I will tell the PIC. I will double wash my fingertips when coming from an "unknown location" such as the toilet. When handling raw meat / fish / poultry, I will decontaminate my hands and food contact surface before touching RTE food. I do not touch my skin when working with food. Immediately after glove use, I remove the gloves and wash my hands Receiving When receiving food / opening food, any food that is damaged or spoiled will be returned to the supplier / discarded. Refrigerate food 41°F. Storage I store raw food on the bottom shelves in the refrigerator and RTE food above the raw food. I store chemicals completely separate from food. Equipment I assure that my equipment is clean before I use it. I assure that my equipment is working correctly and calibrated before I begin		
preparation.		

PROCESS QUALIFICATION

A qualified process is one that the cook can demonstrate in operation that all necessary procedures, training, documentation, measurement, controls, and checks and balances are in place to ensure that the process can produce uniform-quality, safe food, even under stress conditions.

- Until the performance of the process can be predicted, it is not in control. To predict, the key process variables must be known, be controlled, and be repeatable.
- Correction When you find a problem, remove the ROOT CAUSE of the problem.
- A "better" process means:

More stable: $C_{pk} > 1$; More predictable; Safer = $\frac{USL-X}{3\sigma}$

Common and special causes known; Special causes being reduced Waste being reduced Faster production Better customer satisfaction

THE TEST OF AN EFFECTIVE HACCP-BASED FOOD SAFETY MANAGEMENT PROGRAM

Ask the person / manager / employee selling you the product.

- 1. What are you preparing and the process?
 - The person should think recipe and flow chart.
- 2. What are the hazards in this process?
- 3. The person should answer:
 - All prerequisite processes are controlled.
 - Personal hygiene.
 - Environment, pests, water.
 - Food contact surfaces are washed, rinsed, and sanitized.
 - Supplies come from qualified suppliers.
 - There are the following significant chemical physical, and biological hazards in the food. The critical limits are _____.
 - I perform the following controls. (My target values are _____.)
 - I monitor by ______ to assure that the process is in control, and I record it in the ______.

Operation Process step Description B,C,P hazard identification risk assessme	/ control;	Monitoring / self- check; Who, How, When, recording	Corrective action (by HACCP team)	Verification (Improvement) Direct / record
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